

September 2020

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
		1	2	3	4	5
		<p>5:30am-6:30am <i>Private Swim Clinic</i></p> <p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Volleyball-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>		
6	7	8	9	10	11	12
	<p>Labor Day Holiday Facility Hours 5am-2pm No Group Fitness</p>	<p>5:30am-6:30am <i>Private Swim Clinic</i></p> <p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Volleyball -Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>		
13	14	15	16	17	18	19
	<p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>5:30am-6:30am <i>Private Swim Clinic</i></p> <p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Volleyball-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>		
20	21	22	23	24	25	26
	<p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>5:30am-6:30am <i>Private Swim Clinic</i></p> <p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Volleyball-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>		
27	28	29	30			
	<p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>5:30am-6:30am <i>Private Swim Clinic</i></p> <p>8:00am Cross Currents-Linda 9:05am Aqua Flow-Linda</p>	<p>8:00am Volleyball-Linda 9:05am Aqua Flow-Linda</p>	<p><i>"Cross currents" are all pool classes that take place in the lap pool [no change to routines]</i></p> <p><i>"Aqua Flow" are all classes that take place in the therapy pool. [no changes to routines]</i></p>	<p>-Instructors are subject to change</p>	

