

October 2020

Chair/Tai Chi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
		-Instructors are subject to change				
4	5	6	7	8	9	10
	9:00am Chair-Lentha 10:10am Tai Chi- Emmy		9:00am Chair-Lentha 10:10am Tai Chi- Emmy			
11	12	13	14	15	16	17
	9:00am Chair-Lentha 10:10am Tai Chi- Emmy		9:00am Chair-Lentha 10:10am Tai Chi- Emmy			
18	19	20	21	22	23	24
	9:00am Chair-Lentha 10:10am Tai Chi- Emmy		9:00am Chair-Lentha 10:10am Tai Chi- Emmy			
25	26	27	28	29	30	31
	9:00am Chair-Lentha 10:10am Tai Chi- Emmy		9:00am Chair-Lentha 10:10am Tai Chi- Emmy			

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