

Welcome back, LAC!

Changes you can expect:

- **Masks** must be worn while entering and exiting the building, in the lobby area and throughout locker rooms, but can be removed while exercising.
- **Temperature checks** are required upon entering.
- **Waivers** must be signed before facility use.
- **Cardio Equipment** every other one open to maintain social distancing guidelines.
- **Basketball** – Max 3 people on each half court at a time.
- **Towel service** will not resume at this time so we ask members to bring their own towels.
- **Pools** – Reservations required during Family Fitness Time on weekends
- **Steam rooms** – 3 people max capacity, 15-minute time limit.
- **Hot tubs** – 3 people at a time. 15 minutes max.
- **Childcare** will remain closed for now.

What we are doing:

- We have increased our staff coverage for equipment cleaning.
- Employees will be wearing masks during their shifts.
- We are taking employee temperatures and monitoring their health.
- Group fitness floors are marked for social distancing.
- We are spacing out weight equipment to meet the 6 feet social distancing guideline.
- We are providing hand sanitizer and equipment sanitizing wipes for your use.
- A sanitizing solution spray is provided for before and after shower use.

These changes around our club are made in an effort to meet the guidelines for stopping the spread of coronavirus. We will review and adjust these procedures often as the CDC recommends. Thank you for adapting with us through this unprecedented time.

In health,
LAC Staff