

# February 2021

# Aquatics/Chair/Tai Chi

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p>1</p> <p>8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>2</p> <p>8:00am LP Cross Currents-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am TP Aqua Flow-Linda 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>3</p> <p>8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam</p>	<p>4</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>5</p> <p>8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda</p>	<p>6</p>
7	<p>8</p> <p>8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>9</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>10</p> <p>8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am Chair-Lentha 9:00am LP Fun &amp; Fit-Lisa 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam</p>	<p>11</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>12</p> <p>8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda</p>	<p>13</p>
14	<p>15</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Brenda 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>16</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>17</p> <p>8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam</p>	<p>18</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>19</p> <p>8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda</p>	<p>20</p>
21	<p>22</p> <p>8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>23</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>24</p> <p>8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Lisa 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam</p>	<p>25</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun &amp; Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Lisa 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>26</p> <p>8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda</p> <hr/> <p>LP-LAP POOL TP-THERAPY POOL</p>	<p>27</p>

