


April 2021

Aquatics/Chair/Tai Chi

Sun	Monday	Tuesday	Wednesday	Thursday	Friday No classes/5a-2p	Sat
	<p>***Saturday, April 17th*** 9am Fun & Fit 9:30am Feel Good Aquatics 10am Cross Currents 10:30am Aqua Flow</p>			<p>1</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>2</p> 	<p>3</p>
4	<p>5</p> <p>8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-no class 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>6</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>7</p> <p>8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am Chair-Lentha 9:00am LP Fun & Fit-Lisa 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-no class 1:10pm TP Aqua Flow-Pam</p>	<p>8</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>9</p> <p>8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda</p>	<p>10</p>
11	<p>12</p> <p>8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>13</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>14</p> <p>8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam</p>	<p>15</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>16</p> <p>8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda</p>	<p>17</p>
18	<p>19/26</p> <p>8:00am LP Cross Currents-Pam 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>20/27</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>21/28</p> <p>8:00am LP Aqua Walking-Linda 9:00am TP Aqua Flow-Pam 9:00am LP Fun & Fit-Lisa 9:00am Chair-Lentha 10:00am Feel Good Aquatics-Deb 10:10am Tai Chi-Emmy 1:10pm TP Aqua Flow-Pam</p>	<p>22/29</p> <p>8:00am LP Cross Currents-Linda 9:00am TP Aqua Flow-Linda 9:00am LP Fun & Fit-Lisa 9:00am Chair Yoga-Lentha 10:00am Feel Good Aquatics-Deb 2:30pm Moderately Deep-Brenda 5:30pm LP Cross Currents-Brenda</p>	<p>23/30</p> <p>8:00am LP Cross Currents-Brenda 9:00am TP Aqua Flow-Brenda 12:00pm TP Aqua Flow-Brenda</p> <hr/> <p>LP-LAP POOL TP-THERAPY POOL</p>	<p>24</p>

