



# THE LAC BIGGEST WINNER CONTEST

- ▶ Contest begins at 5:45pm on January 9, 2012
- ▶ Cost \$200.00: members/\$295.00:non-members. A \$15.00 LATE FEE WILL BE ADDED IF REGISTERING AFTER JANUARY 5, 2012
- ▶ 12 Week Program includes Group Training with Personal Trainers, (Mon-Fri at 5:15am, Mon, Tues & Thurs at 6pm and Sat at 7:45am) Eat Clean Book, weigh-ins with educational lectures and Show & Tell will be on Mondays at 5:45 pm
- ▶ Cash and Prizes for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners
  - ▶ For information contact Calleen at LAC (318)487-1000 or [calleen.eyre@christushealth.org](mailto:calleen.eyre@christushealth.org)

*Louisiana*  
*Athletic Club*